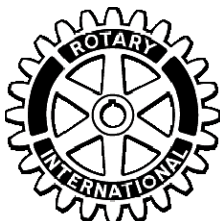


FRESH SQUEEZE

Volume I, Issue XVII

December 9, 2003



*Welcome to the
New Fresh
Squeeze!!!*

*Merry Christmas
Happy Hanukah
Happy Kwanzaa
Whatever...
Have a Good One!*

*From the Editor, staff
and reporters of
The Fresh Squeeze*

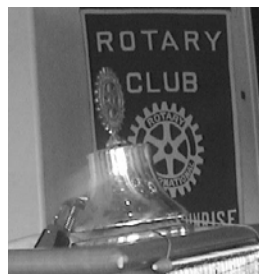
*Newsletters are
now available
on the CSR*

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Bell to follow fate of Wheel?

The Old Man's Club (otherwise known as the Covina Rotary Club) has finally witnessed the return of their Raffle Wheel. The elusive wheel, which is used to determine the winning amount in their raffle, has been missing for several weeks. It returned last week with the pictures of our esteemed members Ledford, Uptergrove, and Wysocki pasted in place of the Joker positions. In spite of this too-obvious link, the REAL wheel thief still roams freely, his cowardly name not besmirched by the noon club, while our innocent trio absorbs the fury. In a related story, our own missing Bell has been spotted, in fact has passed through the hands of another of our members, and is reportedly now in the hands of the Soroptimists, awaiting a purported ransom demand.



OSC— It's That Time of Year!

This week (and through December 17th) Operation Santa Clothes has taken over mornings at the Covina K-Mart. This year to date, over 1200 kids have been treated to two new sets of clothing with shoes, socks, and undies. There's always a need for additional help with the kids there, so if you can give a little of your free time, call Kathy at Rayne Water (626-966-7521) to volunteer for a morning that will support our Club's project and will make you feel really good inside.



Upcoming Events and Dates

Dec. Programs: Cooper	Setup: Starns	Raffle: Metz
Jan. Programs: Von	Setup: Crouse	Raffle: Staggs
Now thru Dec 17 — Shopping at K Mart for O.S.C.		
Dec 13	— CSR Holiday Party Trilogy: Rayne / Buca / Comedy	
Dec 16	— Meeting is in the small room at South Hills .	
Dec 23	— CSR Holiday Breakfast	
May 15	— The Mardi Gras Auction	

The President's Message

Greetings back from the big city of New York, the first lady and I had a great time. We got out just ahead of the foul weather, though we did catch some of the cold.

Thank you Shirley, as always I hear you did a great job, thanks for pinch hitting.

That holiday feeling is starting to spread. Thanksgiving has come and gone already and Christmas is just around the corner. I spent this week-end putting up the holiday cheer so Christmas is coming soon. I hope everyone had a great Thanksgiving and are getting ready for an even better Christmas.

Speaking of making something better, lets not forget to volunteer a couple of days at K Mart helping with the kids. Call Kathy 626 966 7521 at Rayne Water for assignments.

Thanks for your help, the little kids sure do appreciate it and seeing the looks on their faces sure makes it worth your time. Please call today.

Pam, Jon, Roman and Judi have been working especially hard and would love to see your smiling faces.

The Annual Holiday Party is this Saturday, Robert and Terry have put together a fun evening. Hope to see you all there. Fun starts at 4:30 at Jon and Pam's Oil Room. Dinner at 6:30 and a night at the Improv later that evening. Transportation is being arranged. Please use the sign up sheets. See Robert or Terry for more details. The Annual Holiday Family Breakfast is set for Tuesday December 23rd here at South Hills Country Club.

Please use the sign up sheet, we need to know how many are coming and what ages the kids are. It's



always great to see each others families during the holiday season. The voting has been completed for next round's leader, it will give me great pleasure to pass the Auction book on to that person. Thank you Galen for having a special sale for the Benefit of Operation Santa Clothes, I hope everything went well.

I have set a Club Assembly date for January 7, 2004 Wednesday. Please mark the date and plan on attending. Location to be announced, and it will definitely NOT be at Coco's.

There is a board meeting scheduled for this Wednesday, December 9, at Coco's at 7:15 am. Great way to make up a meeting, well a good way, great is pushing it a little hard.

Hope not too many of you came to South Hill's last week, who is brave enough to stand and be seen. The nice thing about going somewhere else to meet is that you come to appreciate eggs benedict with yellow mayonnaise.

Have a great week as you "Lend a Hand". See you Saturday at the Holiday Party.

— John

Today's Program:



Steve Seaford from the Covina Valley School District will speak on "From School to Career".

Coming Up:

Dec. 16: Stan Yomomoto—Group Study Exchange and the upcoming Rotary Convention in Japan.

Dec. 23: Santa Claus

Dec. 30: Dawn Cooper— Citrus Valley HP— "Love Your Heart"

Holiday Party Plans Medical News

The CSR Holiday Party will be held on December 13th starting at 4:30pm at Rayne for Boline's cocktails then off to Brea and Buca de Beppo at 6:30pm. We'll cap off the evening at 9:30 with a Comedy Club show.

We'll be passing around a signup sheet to check interest in getting a bus for the occasion. Let us know if you're interested or see Robert Avila for more information.

For those interested in the Mobile Ultra Sound Unit that was described in a recent Rotary presentation, it will be at the Albertson's parking lot on Grand at Covina Boulevard, December 1-15th. To schedule an appointment, please call (800) 990-5721, 8 am. to 8 pm.

Floating Through Covina

The 53rd Annual Covina Christmas Parade had as its highlight this year, a "float" from the Covina Rotary Club. Actually, it was really Westerdays' pickup truck with a bunch of cool decorations and a few well placed kids waving at the crowds (they ate it up)! Being the good

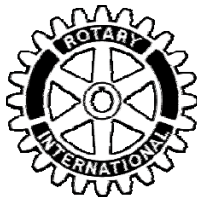


Sunriser that Wes is, the float also sported a banner saying "Powered By Covina Sunrise Rotary".

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Editor: Terry Wysocki



The Greatest Sunrise Rotary Club in Covina

Visit our website at:
CovinaSunriseRotary.com

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Tim Burlingame, Chmn., Tex Everson H.E.
Don Crouse, Chmn., Paul Harris Foundation

Make-Up Meeting Places

Covina Rotary
South Hills CC, Thursday 12pm
West Covina Sunrise Rotary
South Hills CC, Wednesday 7:00am
West Covina Rotary
South Hills CC, Wednesday 12:15pm
San Dimas Rotary
Rancho Park Villa, Wednesday 12pm
Duarte Rotary
Denny's Duarte., Wednesday 7:30am
Diamond Bar Rotary
Royal Vista Golf C., Tuesday 12:10pm
Glendora Rotary
Continental Restaurant, Tuesday 12pm

Meeting Time: Tuesday 7:15am
South Hills Country Club
2655 South Citrus Avenue
West Covina, CA 91791

Board of Directors meets every
second Wednesday at 7:15am at:
Coco's Restaurant
Azusa Avenue at Badillo
Covina, CA 91723