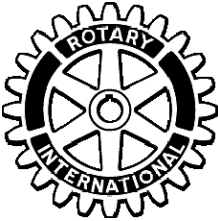


FRESH SQUEEZE



Welcome to the Old New Fresh Squeeze!!!

Ok, so we're really short of real news this issue... Fee free to contribute to the Fresh Squeeze!!!
— Editor

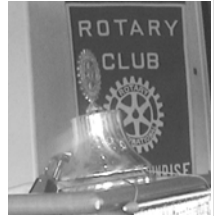
Newsletters are always available on the CSR Website!!!

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Travels of the Bells

Our Rotary Bell had a mysterious journey last year, similar to the traveling Olympic torch, and five Rotary Centennial bells which are circulating to clubs in every Rotary country, starting at the RI Convention in Brisbane, Australia, in June 2003. The bells' journeys will symbolize the internationality of Rotary as they crisscross the globe. One bell will travel to the first 100 clubs to join Rotary International, while the others will travel to the first Rotary club formed in each country of four regions, according to RI archives: Asia and the Pacific; Latin American and the Caribbean; Africa; and Europe. Due to differences in shipping systems between countries in Africa, individual bells will be delivered by the district governors to the first clubs chartered in each country. The bells' journeys will end in Chicago in June 2005 when they ring in the start of the centennial RI Convention.



Work Assignments:

If you didn't volunteer, you probably got your name picked out of the hat and it appears below. If you can't do the time, it's your job to find someone else to fill in for you.

Month	Programs	Setup	Raffle
November	O'Dell	Uptergrove	Espinoza
December	Metz	Marino	Kemp
January '05	Jackson	Roman	Boline
February	Reichert	Metz	Pampu
March	Morgan	Jackson	Contreras
April	Delach	Skurow	Von
May	Little	Femino	Femino
June	Espinoza	Avila	Ledford

The President's Gossip Page

Good Morning Fellow Rotarians! I hope that all of you had a good Thanksgiving, and ate too much turkey and pie! Day and I had our 3 boys and their wives, our 5 grandchildren and Monty our youngest son's



dog! It was great, but by the time the turkey hit the table I was ready to hit the bed. But that's the best way to get tired. I am very blessed to have such a great family.

I went over to Rayne Water in the morning, and they were getting all set up to feed a lot of people. They had over 300 last year. It is wonderful to see how many volunteers come together to help donate food, cook and serve for those less fortunate. Hats off to Jon & Pam Pomeroy for putting it all together and thinking of others once again at Thanksgiving time.

Well I just got back from our 1st day of Operation Santa Clothes. I think we had around 90 children today. The 1st two boys I helped dress, really needed some of their own clothes. I think they were wearing big brothers cloths. As the mother of 4 boys, I can tell you they can be just as stylist as girls! I hope all of you can give some time to help at K/Mart. Remember to call Kathy at 966-7521 and let her know what days you can help.

Don't forget to start planning now if you are going to the Rotary 100 year convention next June. Just go onto the R.I. web site to get hotel and event information. It is going to be a blast!

Well Day is ready to get the Christmas lights up, so I need to hold the latter!

— Judy

Today's Program:

If no one will talk to us, we'll come up with our OWN speakers! Today **Julie Caston** will share information about an exciting new program in the Covina Valley Unified School District which is called *Kid's Korner* [sic].



Short Joke of the Week

A woman was talking to her friend "over the fence" when she noticed her husband coming home carrying a bunch of flowers. Her friend said, "Isn't that nice, he's bringing you flowers." The woman said, "Great - that means another weekend flat on my back with my feet up in the air!" The friend said, "What's the matter, don't you have a vase?"

Makeup Joke for the One Above

A guy decides to buy a new ceiling fan, but the salesman says, "Sorry, but I'm all out of tunafish." So the guy says louder, "I said, I want to buy a ceiling fan." But the salesman says, "I told you, I'm all out of tunafish." The guy frustrated, yells, "I JUST WANT A CEILING FAN!" Then the salesman takes his earplugs out, and says, "Oh I'm sorry, I couldn't hear you. I thought you were a guy who wanted tunafish."

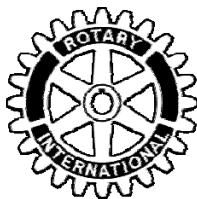
Calendar of Upcoming Events

November 30 TODAY! — Meeting moves to Covina Bowl for this week only
 Starting Today — Clothe kids at K-Mart 8:30am for two weeks
 December 11 Saturday — Holiday Party at Village Eatery in Glendora
 December 8 Wednesday — Hanukkah (Jewish Holiday)
 December 22, Wednesday — Winter Solstice (Pagan Holiday)
 December 25, Sunday — Christmas (Christian Holiday)
 December 26, Monday — Guru Nanak's Birth (Sikh Holiday)
 February 23, 2005 Wednesday — History Dinner

Covina Sunrise Rotary District 5300

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The Greatest Sunrise Rotary Club in Covina

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CovinaSunriseRotary.com

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Make-Up Meeting Places

Covina Rotary
South Hills CC, Thursday 12pm
West Covina Sunrise Rotary
South Hills CC, Wednesday 7:00am
West Covina Rotary
South Hills CC, Wednesday 12:15pm
San Dimas Rotary
Rancho Park Villa, Wednesday 12pm
Duarte Rotary
Denny's Duarte., Wednesday 7:30am
Diamond Bar Rotary
Royal Vista Golf C., Tuesday 12:10pm
Glendora Rotary
Continental Restaurant, Tuesday 12pm

Meeting Time: Tuesday 7:15am
South Hills Country Club
2655 South Citrus Avenue
West Covina, CA 91791

Board of Directors meets every
second Wednesday at 7:15am at:
Coco's Restaurant
Azusa Avenue at Badillo
Covina, CA 91723