

FRESH SQUEEZE

Volume IV, Issue III

SEPTEMBER 6, 2016



Welcome to the
Old ,New, Reborn
Fresh Squeeze!!!

"Good Judgement
comes from experience,
and a lot of that comes
from bad judgement."

~Will Rogers

CORRECTIONS:

Last month's issue inadvertently left out the names of Barrey and June Staggs in an article. This issue will do it deliberately.

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District Governor Impressed

Covina Sunrise RC

Basking in the shade of the new CSR easy-up, the DG, Luciano de Sylva and his wife Hazel display the booty bestowed upon them by his nibs from the coffers of CSR (the CSR flag and a t-shirt). Also visiting were AG Bill Longacre and EG



Mark Barragan. Bill said of the 16 clubs he'd visited, ours

was the best! The Club and the members were decorated in red, white, & blue as would be a typical meeting. The Two Skins did a rousing Grand Old Flag to start the meeting then Luciano awarded the District 5-point Star Pin to three mem-

bers: Shannon Hidalgo, Jon Pomeroy and Robert Avila recognizing member engagement. The DG entertained all by discussing his vision for rotary and the future projects he has planned.

Hazel was overheard to say "it's a really nice shirt".

Rotarians Go High Tech!

This isn't your grandfather's Rotary Club. Not with members that stay on top of the latest trends in technology. Here, a couple of our millenials (not saying which millennium) Hubert and Marino, enjoy a conversation texting each other and perfecting their *Pokémon Go* skills!



The President's Gems & Jewels

Well, eight weeks into my presidency and many events have happened. We had a great meeting last month starting with an early visit from our District Governor, who mentioned we were the most energetic and exciting group he visited to date. We have enjoyed dinners at our sponsors Fonda don Chon and Galbi grill.... We like breaking bread together!! Our Sunday picnic was fantastic with volleyball, great bbqing by George, salads, desserts and great beverages!!! Theresa had the killer homemade chocolate chip cookies. Another big event for the Rotary EZUp!! Big game nights at Rayne are a must to see. I'm excited about our new member photo rotary directory, still a work in progress and new plans for fresh squeeze and Facebook!!! This club likes to raise money and have fun.....what's next on the agenda??

Yours in Rotary,

— Robert



Outdoor Living

CSR went back to nature last week with Manny's deferred expedition to Gladstone Park for an afternoon of fun and games. George was master chef and got the grille going early flipping sausages and burgers. Lots of great chow and drinks were devoured and quaffed as the volleyball game teams were forming. Avila's Renegades took best of three but it didn't matter—no one remembered the scores. But the ol' guys were heard admitting: "this is no game for old men!" Better times were then found in the shade with a cool one and everyone had a great day.



Rotary Recipe Roundup

Wysocki's Northwoods Cabbage Salad (serves 12)

1 Medium head red cabbage	2 tsp salt
2/3 cup vegetable oil	2 tsp seasoned salt
1 cup red wine vinegar	1/2 tsp black pepper
1/4 cup sugar	1 1/2 tsp onion powder

Shred cabbage into a bowl. Add oil, stir, then all other ingredients. Mix well.

Let stand several hours or preferably overnight (refrigerated).

Closest to the original I've found so far! (I give Sue some credit for this!)

Speaking About That...

Dr. Garbis Der Yeghiayan, Dist 5300 Peace Conference.
Topic: "Religion: Its Role in Peace and Conflict"



The Line Up:

- 09/13: Curt Pringle Assoc— Community outreach for Kmart development project.
- 09/20: Ron Coley, UCR— Vice Chancellor for Business and Admin Services.
- 09/27: Art Estrella, Dir. Compassionate Friends— Parents of deceased kids support.
- 10/04: Natalie Salazar, LA Regional Crimestoppers— Anonymous crime reporting.
- 10/11: Dr. Robert Morley: American Folk Music
- 10/18: Michelle Kaufer, Producer— The "Ask Dollar" project.

Gratuitous Clean Joke of the Month

A man walks up to a woman and asks, "Would you sleep with me for \$1,000,000?"
She quickly replies, "Yes."
So then he asks, "Would you sleep with me for \$20?"
Astounded by the question she says, "Of course not. What kind of woman do you think I am?"

Calendar of Upcoming Events

- 09/17 Saturday 9am-2pm: "Rotary Essentials @ Chaffey College
- 09/22 Thursday 6pm: Nite out & History Dinner @ City Grill
- 09/24 Saturday 6am: Heavenly Horse Haven with Interact Club
- 10/01 Saturday 8a-1p: Dist 5300 Peace Conference @ San Dimas HS
- 10/08 Saturday 10am: Thunderfest Beer Garden
- 10/20 Thursday 6pm: Nite Out @ Bread & Barley

Hugh's History Hutch:

One of the goals of Rotary is to perform service for our community as well as mentor our youth. One way to achieve both goals is through the high school Interact Club. One such project was a joint effort with them providing services to the Rowland Convalescent Hospital on Rowland Avenue.



—Hugh Ledford

The Back Page Story: How I Came to Know and Love Rotary

I first got involved with Rotary when Barrey Staggs asked me to a meeting. I was in a BNI group in Glendora and he or June also belonged. He asked me to try a meeting at Rotary and said he thought I would like it better and make better contacts for my business over time. As I was getting a little burnt out in BNI I said OK and came to a meeting. It was in December and the Pomeroy's were doing OSC, so I did not see Jon as the fine master at first, so I was in for a treat when I first saw him as the fine master. But it everything seemed interesting so I came back, and back, and back. I came to meeting for over a month until someone finally asked me to join. I was beginning to think they did not want me! I had never heard of Rotary before, so I was very eager to learn more, and here I am today 16 years later! It is a big part of my life, and gives me a great feeling knowing I can make a difference in my community and the world. Even when I had my own business, networking was not my motivation for being a member. If I received business as a result of me being a member that was great, but I really felt it was a time in my life that I wanted to do something besides work! I have always enjoyed doing volunteer work when I had the time, and now it seems to be a full time job and I love it.



— Judy Starns



Covina Sunrise Rotary -Second to None

*Visit our website at:
CovinaSunriseRotary.com*

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Meeting Time: Tuesday 7:15am
South Hills Country Club
2655 South Citrus Avenue
West Covina, CA 91791

2016-2017 Board of Directors

Robert Avila, President

Sal Chatfield, Vice President

Shannon Hidalgo, President Elect

Judy Starns, Secretary

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